

# 2023 EMPLOYEE BENEFITS OVERVIEW

Jan 1, 2023 – Dec 31, 2023



The contents of this booklet are intended for general information purposes only. It is not to be relied upon as a summary plan description or for the determination of any policy benefits, limitations or exclusions. The master insurance policies issued by the respective carriers will be relied upon exclusively to determine all benefits.



#### Welcome!

As we are slowly emerging from the pandemic, I want to thank all of our employees for the great job they have done and continue to do to keep our city services functioning for the residents of Lexington. We will continue to take every precaution to help ensure your safety and provide you with the gold standard of healthcare services including those services provided at the Samuel Brown Health Center (SBHC).

I want to start off with the big news. That is, for the fourth year in a row, there will be no increases in premiums to our four medical plans for 2023. Additionally, there will be no increases in premiums for the dental and vision plans and there will also be no changes in copays, deductibles or maximum out-ofpocket costs in the health, dental or vision plans this year. Essentially, what this means is that, overall, the plan structures will remain the same for next year as well as the premiums for those plans.

We are also pleased to announce the return of our Benefits Vendor Fair this year! Various vendors will be on-site in the Government Center mezzanine on October 4 and 5, where you will have the opportunity to chat with them to discuss products and services they have to offer.

With respect to the Samuel Brown Health Center and City Employee Pharmacy, there are exciting things happening there as well. We have added a behavioral health professional to the Samuel Brown Health Center which allows for counseling services for you and your covered dependent(s) right at the center. Our Samuel Brown Health Center and City Employee Pharmacy folks have settled in to the new location and continue to provide excellent service to our employees and their families. They have remained open and available to offer these important services to our LFUCG family.

This year we are once again offering a "passive" enrollment. In other words, all of your elections will automatically remain the same, unless you want to make a change during open enrollment. However, **there is one notable exception**:

 If you want to enroll or re-enroll in the medical or dependent care Flexible Spending Accounts (FSA), you <u>must</u> make an election during this upcoming open enrollment for the 2023 plan year. This is an IRS regulation and we cannot carry forward your last year's FSA election. So, if you currently have an FSA and do not make the necessary election, your 2023 benefit plan will not include an FSA. Please note that you have a right to change any and all of your elections, including your tobacco credit certification at open enrollment should you choose to do so. Otherwise, with the exception of the FSA, all other elections will remain the same without any action required on your part.

Please keep in mind one important reason we were able to hold our rates the same this year **for the fourth year in a row**, is the high utilization of our Samuel Brown Health Center and the City Employee Pharmacy. Using these facilities not only helps the LFUCG avoid costs, but it also is a real cost saver for employees. It truly is a substantial benefit and it is great to see that even more employees are taking advantage of the SBHC each year. We believe our health center proves that the LFUCG is going above and beyond the standard healthcare delivery system. Marathon Health and On SiteRx provide the gold standard models in healthcare complete with highly regarded staffs at both the Samuel Brown Health Center led by Dr. Michael Huang and the City Employee Pharmacy led by registered pharmacist Ashley Stewart. If you are not already using the center now, we highly encourage you to give it a try.

This booklet contains highlights of the benefits offered by the LFUCG beginning January 1, 2023 through December 31, 2023. Human Resources and Star Robbins & Company representatives will be available to assist employees at limited locations during this passive open enrollment; however, Star Robbins & Company will be available by phone throughout open enrollment along with our Human Resources Benefits team to provide guidance and support during the enrollment process for those needing assistance .

In that regard, please feel free to contact our Benefits team any time with questions regarding your benefits. We are here to assist you.

I wish you and your families the best!

Jamara M. Malters

**Tammy Walters**, Director Division of Human Resources

## Eligibility

Full time employees are eligible for all benefits outlined in this summary on the first of the month following their date of hire. Eligible employees may elect to cover a spouse, dependent or qualified adult. All new employees must provide proof of dependents' eligibility to enroll.

A qualified adult is defined as a person of the same or opposite sex who meets the following criteria (See HR for Affidavit and required documentation):

- Age 18 or older.
- Not related to the employee.
- Must reside with employee for at least 12 months prior to enrollment.
- Agree to inform LFUCG within 30 days of any change in the circumstances attested to in the affidavit.
- Must be unmarried.
- Financially interdependent with the covered employee for at least twelve (12) months & will certify, via an affidavit signed by both the Qualified Adult and the employee, that at least two (2) of the following conditions have existed for twelve (12) months. (choose one (1) from the left column & one (1) from the right column). See chart below.

Joint ownership of real estate property or joint tenancy on a residential lease	Will designating the eligible Qualified Adult as primary beneficiary
Joint ownership of an automobile	Retirement plan or life insurance policy beneficiary designation form designating the eligible Qualified Adult as primary beneficiary
Joint bank or credit account	Durable power of attorney signed to the effect that the employee and eligible Qualified Adult have granted powers to one another
Joint liabilities	Adoption papers or legal guardianship identifying the employee and Qualified Adult as the joint adopting individuals or joint legal guardians
Joint utility account	



## **Qualifying Events**

The LFUCG offers an IRS-sponsored Section 125 Plan that allows premiums for medical, dental, vision insurance, contributions to FSA accounts and/or certain supplemental policies to be deducted from your paycheck on a pre-tax basis.

Plan changes cannot be made after open enrollment without a change in family status or qualifying event that is consistent with the IRS guidelines. A change in family status allows you to add or remove dependents from your plan but does not allow you to change from one plan to another. Some examples of qualifying events are:

- Legal marital status changes: Marriage, divorce, death of a spouse (copy of marriage certificate, copy of final court divorce decree or death certificate required).
- Cancellation of dependent coverage due to dependent ineligibility: Dependent gains or loses coverage under another plan.
- Birth or adoption of a child (copy of birth certificate or adoption papers required).
- Change in employment status from part-time or temporary to full-time.
- Change in employment status (full-time to part-time or temporary) or termination of employment.
- Loss of coverage under spouse's employer plan due to a spouse's death, termination of employment, divorce or loss of eligibility for other coverage
- Qualified medical child support court order (documents required).

CHANGES IN FAMILY STATUS MUST BE REPORTED TO HR WITHIN 30 DAYS OF THE QUALIFYING EVENT IN ORDER TO MAKE A PLAN CHANGE.



# Dr. Samuel Brown Health Center



The Dr. Samuel Brown Health Center is a ZERO-COST alternative to office visit copays (certain lab costs will be extra). The Health Center provides a variety of health & wellness services similar to any doctor's office, but with no copays\*! In addition to primary and acute care, the Center offers Health Coaching for those individuals looking to succeed with long term goals such as weight loss, health improvement or smoking cessation.

#### Who staffs the Center?

The Center has a full-time clinical staff of eight, including a Physician, Behavioral Health Counselor, Physician's Assistant, Nurse Practitioner and three Medical Assistants.



Dr. Michael Huang Medical Director

#### Who can use the Center?

The Center is open to all LFUCG employees, Police and Fire retirees and dependents age 2 and older who are enrolled in an LFUCG PPO plan or High Deductible Health Plan (HDHP/HSA).



Anna Johnson Behavioral Health Counselor

### Dr. Samuel Brown Health Center

#### How do I schedule my appointments?

You can call the Health Center at **(859) 788-3656** or schedule your appointment online at **marathon-health. com/myphr** .

\*Laboratory tests: You may incur charges for laboratory services. This will depend on your health plan and the terms of coverage that are applied.

#### Health Center Location:

125 Lisle Industrial Avenue Suite 250 Lexington, KY 40511

#### Health Center Hours:

Monday, Wednesday & Friday: 8 a.m. – 5 p.m. Tuesday & Thursday: 8 a.m. – 7 p.m. Saturday: 8 a.m. – Noon

Anna Johnson, Behavioral Health Counselor - Clinic Hours: Monday - Friday / 8:00 am - 5:00 pm

# City Employee Pharmacy

The City Employee Pharmacy is available to all employees and their dependents that are enrolled in the LFUCG PPO or HSA health plans. Medications through the on-site pharmacy are offered at wholesale cost.

#### PHARMACY LOCATION:

125 Lisle Industrial Avenue Suite 250 Lexington, KY 40511

PHONE: 859-367-4990 Fax: 859-367-4993

#### PHARMACY HOURS:

Monday through Thursday – 8:30 a.m. – 6:00 p.m. Friday – 8:30 a.m. – 4:00 p.m. Saturday – 8:30 a.m. – noon **Closed – 1:30 p.m. – 2:00 p.m. for lunch everyday** 

**Prescribing Physicians** do not have to be with the Health Center. The City Employee Pharmacy will fill a prescription from any healthcare provider authorized to prescribe in the Commonwealth of Kentucky.

**Prescriptions can be transferred** by calling or faxing your prescription information (found on your prescription label) to the City Employee Pharmacy.

# Government Center Delivery Service is Available.

Thursdays from 2:30 pm - 3:30 pm (subject to change, see intranet)

### Marathon Health Virtual Visits

We're excited to announce virtual care visits, which are a private and secure way to meet with your Marathon Health provider through video and/or phone.

Schedule a Virtual Visit today on the eHealth Portal at my.marathon-health.com or by downloading the Marathon Health Mobile App.

If you have questions, or your desired virtual appointment is not available, call The Samuel Brown Health Center at **859-788-3656**.



# ✓♡| Medical Benefits

Your medical coverage is designed to help promote good health and protect you and your family from major financial hardships in the event of illness or injury. Anthem of Kentucky is your health insurance carrier.

**Each health plan offered has unique features.** You have the option to choose a medical plan that fits your needs and your budget by balancing the cost of premiums, deductibles, maximum out-of-pocket amounts, coinsurance, and copays. Generally, if you choose a plan with a higher deductible and maximum out-of-pocket, your monthly premium will be lower. Consider your family's overall typical or expected health plan utilization to choose the plan that is right for you. See medical summary below.

### LFUCG Health Plan Comparisons January 1 - December 31, 2023



Anthem	Traditional Plans		Health Savings Account Eligible	
In-Network Plan Design	PPO 1	PPO 2	HSA 1	HSA 2
Calendar Year Annual Deductible	\$500 Individual \$1,000 Family	\$2,000 Individual \$4,000 Family	\$3,000 Individual \$6,000 Family	\$3,000 Individual \$6,000 Family
Coinsurance (Plan / Member)	80% / 20%	80% / 20%	100% / 0%	80% / 20%
Medical Maximum Out-of-Pocket (includes deductible, medical copays and coinsurance)	\$1,500 Individual \$3,000 Family	\$4,500 Individual \$9,000 Family	\$3,000 Individual \$6,000 Family	\$5,250 Individual \$10,500 Family
Rx Maximum Out-of-Pocket	\$2,000 Individual \$4,000 Family	\$2,000 Individual \$4,000 Family	Included in Med Max Out-of-Pocket	Included in Med Max Out-of-Pocket
Covered Services	Member Co		ost Share	
Samuel Brown Wellness Center	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay
Primary Care Office Visit	\$15 Copay <sup>1</sup>	\$30 Copay <sup>1</sup>	Deductible + 0%	Deductible + 20%
Specialist Office Visit	\$30 Copay <sup>1</sup>	\$60 Copay <sup>1</sup>	Deductible + 0%	Deductible + 20%
Preventive Care	Covered in full	Covered in full	Covered in full	Covered in full
Urgent Care	\$60 Copay <sup>1</sup>	\$100 Copay¹	Deductible + 0%	Deductible + 20%
Emergency Room	Deductible + 20%	Deductible + 20%	Deductible + 0%	Deductible + 20%
Inpatient Facility Services	Deductible + 20%	Deductible + 20%	Deductible + 0%	Deductible + 20%
Outpatient Services	Deductible + 20%	Deductible + 20%	Deductible + 0%	Deductible + 20%
Rx Drug Copay	\$10 / \$30 / \$60 ² 25% (\$100 max Rx)	\$10 / \$30 / \$60 ² 25% (\$100 max Rx)	Deductible + 0%	Deductible + 20%
City Pharmacy Rx Drug Copay	\$3 / \$15 / \$30 <sup>2</sup> 25% (\$50 max Rx) <sup>3</sup>	\$3 / \$15 / \$30 <sup>2</sup> 25% (\$50 max Rx) <sup>3</sup>	Deductible + 0%	Deductible + 20%
Annual LFUCG HSA Contribution	N/A	N/A	\$500 Indiv. ⁴ \$1,000 ES/EC/F	\$1,000 Indiv. ⁴ \$1,000 ES/EC/F

NOTE: Dependents covered to age 26.

3 Some Specialty medications (Tier 4) may not be available at the City Pharmacy.

<sup>1</sup> Medical copayments accumulate toward the Medical maximum out-of-pocket.

<sup>2</sup> Rx copayments go toward the Pharmacy maximum out-of-pocket which accumulates separately from the Medical maximum out-of-pocket.

<sup>4</sup> LFUCG contributions will be deposited half in January and half in July.

### PPO vs. HSA Medical Plans...What is the Difference?

The information below provides key definitions and a review of how PPO and HSA medical plans function. Both plans cover the same network of providers and the same services but how you pay for your share of expenses is handled differently. The benefit summary grid will outline your out-of-pocket expenses and the benefit period specific to your plan.

#### PPO MEDICAL PLAN

- **Copays** are flat dollar amounts listed on your Benefit Summary for certain services. Typically, copays apply to physician office visits and prescriptions.
- When you use services such as MRIs, CT Scans, lab work, hospitalization, or surgeries you must meet the **deductible** as indicated on your plan. **Copays do not apply to your deductible**.
- **Coinsurance** is a percentage of costs that you share with the insurance carrier after your deductible has been met.
- The Maximum Out-of-Pocket is the maximum amount you will pay, during a benefit period, and includes all deductible, copay, and coinsurance expenses. When an individual meets the maximum out-of-pocket, covered services are paid in full by the plan for that individual until the end of that benefit period. If the family maximum is met, services are covered in full by the plan for the entire family until the end of the benefit period.

### Say Hi to Sydney, Anthem's Mobile App

Meet '**Sydney'**, the mobile app that runs on intelligence and keeps pace with you!

Anthem's digital app '**Sydney**' provides a single, convenient location for a digital ID card, plan details, spending accounts, claims and more!

You now have advanced integrated help and support with click to chat features and the ability to schedule a call back.

Download the Sydney app at







#### Sydney's ON THE GO!

Anthem 🤷 🕅

#### HSA MEDICAL PLAN

- **Copays:** Generally, HSA medical plans do not feature copays for medical or pharmacy services. Instead, you are responsible for the amount of the claim, after the carrier has applied all applicable discounts, and the entire claim will be applied toward your deductible.
- Deductible: The full deductible on your HSA medical plan must be met before your plan begins to pay. All out-ofpocket medical and prescription expenses apply to your deductible.
- **Coinsurance** is a percentage of costs that you share with the insurance carrier after your deductible has been met.
- The Maximum Out-of-Pocket is the maximum amount you will pay, during a benefit period, and includes all deductible, copays, and coinsurance expenses. When an individual meets the maximum out-of-pocket, covered services are paid in full by the plan for that individual until the end of that benefit period. If the family maximum is met, services are paid in full by the plan for the entire family until the end of the benefit period.

# Live**Health**<sup>®</sup> Anthem

# See a doctor 24/7 on your smartphone, tablet, or computer.

LiveHealth Online is a convenient way to interact with a Board-Certified Doctor via live, two-way video on your computer or mobile device 24 hours a day/7 days a week! Doctors can ePrescribe to your local pharmacy, as needed.

The cost for an online doctor visit is the same as the copay for an office visit under your PPO medical plan and less than a retail clinic visit on your HSA medical plan.

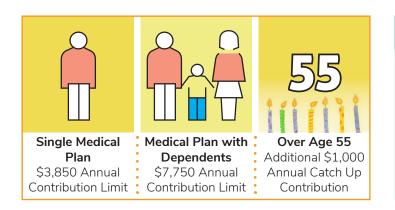
Behavioral Health Services are offered, by appointment, for the same cost as an in-office Behavioral Health visit. Behavioral Health professionals can help with depression, stress, anxiety, trauma, and other non-emergency behavioral health concerns.

#### Visit Livehealthonline.com or download the app.



# 😳 | Health Savings Account (HSA)

If you elect the HSA Medical Plan, you may contribute money into a Health Savings Account (HSA). **This is a personal bank account designed to allow you to payroll deduct pre-tax dollars for current and future medical expenses.** Money in this **account is always yours and unused funds roll over year after year providing savings for future medical expenses**. Even though there is no limit to the amount of money you can accumulate in your account, there are annual contribution limits set each year by the IRS. The contribution limits are based on who you are covering under your medical plan. The contribution limits for January 1st – December 31st are as follows and are subject to change, per IRS regulations.



#### **LFUCG Annual HSA Contributions**

- HSA 1: LFUCG contributes \$500 (Single) and \$1,000 (w/dependents) to your Health Savings Account;
- HSA 2: LFUCG contributes \$1,000 (Single or w/ dependents) to your Health Savings Account.

Contributions will be deposited half in January and half in July.

## Healthcare Flexible Spending Accounts (FSA)

Flexible Spending Accounts (FSAs) offer you the opportunity to payroll deduct some of your income on a **pre-tax basis** to pay for certain healthcare expenses that may not be covered as part of your benefit plans. In addition to the pre-tax savings benefit, your total election amount will be available at the beginning of the plan year! You will "pay back" the program with future paycheck deductions.

Healthcare Flexible Spending Account Details			
Annual Contribution Limits (limits subject to change)	Up to \$2,850 You cannot make changes to election amount without a Qualifying Event		
<b>Medical FSA</b> (Available with PPO Plans or stand-alone)	Qualified Expenses: Medical, Dental, Vision, Pharmacy, Over- the-Counter Medications		
Debit Card Included	Yes		
Plan Year	January 1 – December 31		
2 <sup>1</sup> / <sub>2</sub> month extension to incur expenses from prior year	2 ½ months (March 15th)		
Extension period to file claims from previous plan year	15 days after Extension Period (March 30th)		
Termination of employment/Plan	90 days to request reimbursement		

#### The Dependent Care Account (for use with either medical plan or stand-alone)

This account allows you to payroll deduct **tax-free dollars** to fund the daycare of children under the age of 13, or a disabled spouse, child, or parent. This account can be used for daycare, preschool, after school care, summer day camp or elder care.

The annual maximum contribution is \$5,000 for individuals or married couples filing jointly, or \$2,500 for married individuals filing separately. Married couples have a combined \$5,000 limit, even if each has access to a separate dependent care FSA. This account can only be used as the money accumulates from your paycheck and must be spent by the end of the Grace Period (March 15th) or it will be forfeited. All claims must be filed by March 30th.

FSA Plan Elections (for either Healthcare or Dependent Care Accounts) do not roll over. You must re-enroll each year.

# **≥ि = | Dental Benefits**

### **À DELTA DENTAL**

Your Delta Dental Plan allows you access to two dental network options that are both considered **In-Network**: the PPO Network and the Premier Network. PPO and Premier Network providers agree to contracted amounts for their services, which prevents the provider from balance billing you for any amount that is discounted by Delta Dental.

To confirm if your provider participates with either the PPO or Premier Networks, you may contact Delta Dental (contact info provided at back of this booklet).

### Dental Benefits Summary **A DELTA DENTAL**

<b>OPTION 1</b> Dental Benefits	PPO Dentist	Premier Dentist	Out-of- Network Dentist*	
Calendar Year Annual Dental Deductible		\$25 indiv. \$75 family		
Dental Maximum Benefit per Year (per member)	\$1,000	\$1,000 per covered person		
Orthodontia Lifetime Max		N/A		
<b>Dependent Age Limit</b> (end of birthday month)	ι	Jp to age 26	;	
Covered Services	Mem	ber Cost Sl	hare	
Diagnostic / Preventive Care (once every 6 mos) - Oral exams, cleanings, space maintainers - Brush Biopsy - X-rays - Emergency Care	No member cost	No member cost	No member cost	
Basic Services (deductible applies) - Minor Restorative - Fillings & crown repair - Endodontics - root canals - Periodontic Services - Major Restorative - crowns - Oral Surgery Services - Relines and Repairs - to bridges, implants and dentures	No member cost	No member cost	No member cost	
Major Services (deductible applies) - Prosthodontic Services - bridges, implants & dentures	No member cost	No member cost	No member cost	
Dental Payroll Deductions - 26 Pay Periods				
Employee	\$15.58			
Employee + Spouse	\$30.07			
Employee + Child(ren)	\$28.82			
Family	\$46.57			

You can enroll in a Dental Plan even if you are not enrolled in an LFUCG health plan.

Which network is better? The PPO Network offers the deepest negotiated discounts, which results in more savings to you! The Premier Network includes more providers, but the discounts are not as deep as the PPO Network.

If you choose an out-of-network provider, dental services are paid by Delta Dental, but you may be subject to paying additional money, over what Delta Dental has paid, since this is not a contracted provider. This is called balanced billing.

### Dental Benefits Summary **Δ DELTA DENTAL**

OPTION 2 PPO Pre	Out-of-		
	mier Network ntist Dentist*		
	indiv. family		
Dental Maximum Benefit per Year (per member) \$2,500 per ce	overed person		
Orthodontia Lifetime Max \$1,	000		
Dependent Age Limit (end of birthday month) Up to	age 26		
Covered Services Member (	Cost Share		
Diagnostic / Preventive Care (once every 6 mos)No- Oral exams, cleanings, space maintainersNo- Brush Biopsycost- X-rays- Emergency Care	0% 20%		
Basic Services (deductible applies) - Fillings & crown repair - Periodontic Services - Oral Surgery Services - Denture repair20%40	0% 40%		
Major Services (deductible applies) - Endodontics - root canals - Crowns - Relines/rebase to dentures - Repair to bridges - Implant maintenance, repair and removal - Adjustments to com- plete or partial dentures - Bridges, implants and dentures50% 50	0% 50%		
Orthodontia Services 50% 50	0% 50%		
Dental Payroll Deductions - 26 Pay	Periods		
Employee \$1	\$11.82		
Employee + Spouse \$23	\$23.06		
Employee + Child(ren) \$29	\$29.32		
Family \$4	\$44.58		

## Delta Dental Healthy Mouth, Healthy Body 🕹 DELTA DENTAL

Your Delta Dental plan now provides enhanced coverage for members with certain high-risk medical conditions. This enhanced coverage includes up to 4 routine teeth cleanings or periodontal maintenance cleanings per benefit



period (rather than the standard 2) for those with the following at-risk conditions:

- Diabetes and periodontal (gum) disease
- Pregnancy and periodontal (gum) disease
- Those at risk for infective endocarditis
- Those undergoing dialysis
- Those with a compromised immune system

An enrollment form for this benefit can be found on your benefits website at lexingtonky.gov/benefits or by contacting Delta Dental at **800-955-2030** or **www.deltadentalky.com**.

# **A DELTA DENTAL**°

### Delta Dental Mobile App

The Delta Dental Mobile App gives you access to dentist searches, claims and coverage information, ID cards and more!

# Getting started is easy!

Visit either Apple or Google Play stores and search for Delta Dental. The link on the home screen will get you set up for secure viewing of your dental information.





# oluntary Vision Plans

We are pleased to provide two comprehensive vision programs through EyeMed's **Select Network**. The amount you pay for vision services depends upon whether you visit a network or non-network provider. To find a network provider, contact EyeMed (contact info at back of this booklet). A brief description of benefits is provided here.

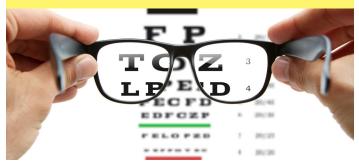
### **Vision Benefits Summary**



In-Network <sup>1</sup>	EyeMed Base Plan	EyeMed Enhanced Plan	
Copays			
Exams	\$5 Copay	\$5 Copay	
Lens Coverage			
Single Vision Lenses	\$5 Copay	\$5 Copay	
Lined Bifocal Lenses	\$5 Copay	\$5 Copay	
Lined Trifocal Lenses	\$5 Copay	\$5 Copay	
Frames	\$0 Copay, \$110 allowance then 20% off remaining balance	\$0 Copay, \$200 allowance then 20% off remaining balance	
Contact Lenses			
Elective	\$0 Copay, \$110 allowance, then 15% off remaining balance	\$0 Copay, \$200 allowance then 15% off remaining balance	
Disposable	\$0 Copay, \$110 allowance	\$0 Copay, \$200 allowance	
Medically Necessary	Covered in full	Covered in full	
Service Frequency			
Exam	12 Months	12 Months	
Lenses	12 Months	12 Months	
Frames	12 Months	12 Months	
Payroll Deductions - 26 Pay Periods			
Employee	\$2.89	\$4.57	
Employee + Spouse	\$5.45	\$8.61	
Employee + Child(ren)	\$5.74	\$9.07	
Family	\$8.40	\$13.27	

1. For a complete listing of covered services, see the carrier's Certificate of Coverage and/or plan document. Please note the summary above is for In-Network benefits only.

You can enroll in an EyeMed Vision Plan even if you are not enrolled in an LFUCG health plan.



# Group Life & AD&D Benefits

#### BASIC TERM LIFE INSURANCE and ACCIDENTAL DEATH & DISMEMBERMENT

- \$25,000 Bargaining Police, Fire and Corrections Employees
- \$20,000 Non-bargaining Employees
- ► Coverage reduces by 50% @ age 70

Voluntary Supplemental Plans for 2023

### Why should I consider Supplemental Plans?

These plans are designed to pay direct to you and help provide peace of mind during medical life events. There are many different supplemental plans available. LFUCG has three available categories of Supplemental benefits: Life Insurance Plans; Medical Related Plans and Disability Income Plans.

#### Life Insurance Supplemental Plans

Some products offer Guaranteed Issue during your initial eligibility or open enrollment. Guaranteed Issue means coverage is available without the required medical questions and underwriting review. Some plans will have a 12/12 lookback period. Talk to your Star Robbins & Company Benefit Educators for more details.

#### Trustmark's Universal Life Events with Long Term Care\* Trustmark

With the Universal Life Events coverage, benefits can be paid as death benefits or living benefits, or a combination of both. This coverage is flexible to meet your needs and budget.

#### Transamerica: Voluntary Whole Life Coverage\*

#### Why do I need Whole Life coverage?

Whole life coverage is a simple, voluntary policy you can get at a reasonable cost during your working years, when you and your family need it most. It's also a benefit that can stay in place when it's time for retirement. Features include: Level Premiums, Guaranteed renewable, Accumulated Cash Value, and Death Benefit and Cash Value are guaranteed. You can keep your plan and continue to pay premiums even if you change employers. **Since this is a new offering through Transamerica, guarantee issue is offered (no medical questions asked)**.

\*See a Star Robbins representative to enroll in these benefits.

For those employees enrolled in Manhattan Life Policies, effective January 1, 2023, LFUCG will no longer payroll deduct premiums for these policies.

**Prudential** 

You will receive a letter, at your address on file, providing instructions on how to set up a direct payment plan for the Manhattan policies, if you would like to keep them.

#### Transamerica: Voluntary 20 Year -Level Term Life Coverage\*

#### Why do I need Term Life coverage?

Term Life gives you protection for a defined period of 20 years, and can supplement any other life plan you may have in place. You can keep your plan and continue to pay premiums even if you change employers. Coverage for your spouse and children is also available. **Since this is a new offering through Transamerica, guaranteed issue is offered (no medical questions asked)**.



(Additional Voluntary Supplemental plans on next page)

### Voluntary Supplemental Plans for 2023

#### **Medical Related Supplemental Plans**

Medical Related Supplemental Plans are designed to help cover out-of-pocket costs associated with medical care. These special policies provide needed financial support during unexpected life events which impact your ability to earn a paycheck. Supplemental benefits pay direct to you to help cover everyday expenses, such as mortgages, car payments, groceries, etc., so you can focus on getting well.

#### Cancer Coverage

#### *Allstate.*

Cancer Coverage is perhaps the most popular of these medical related supplemental plans. The American Cancer Society reports "1 in every 3 women and 1 in every 2 men will have a cancer diagnosis." LFUCG offers three levels of this important coverage.

#### Accident Coverage



There are activities that you or your family do on a daily basis that may lead to an accident or injury. Injuries can happen while playing Sports, Traveling, and even at Work. Allstate's Group Accident plan pays benefits for expenses associated with an accident and can help protect hard-earned savings should an on or off the job accidental injury occur. Group Voluntary Critical Illness pays a lump sum cash benefit of \$10,000 or \$20,000 to help you cover out-ofpocket expenses associated with a covered Critical Illness, such as heart attack or stroke. **Critical Illness will again be offered Guarantee Issue**. Note, some pre-existing limitations may apply for a specified period of time. See your SRC Enroller for details.

Critical Illness Coverage

► Group Indemnity Medical () Allstate.

Allstate's Group Indemnity Medical coverage helps pay out-of-pocket medical expenses associated with hospital confinements. It provides a cash benefit for initial and daily hospital confinement and daily intensive care confinement.

### **Disability Income Supplemental Plans**

One of our most valuable assets is our ability to work and earn a paycheck. Disability income provides a paycheck to you in the event you are disabled and cannot work. There are two types of coverage available. These two options can work in harmony with each other to provide both short-term and long-term disability benefits.

#### Short-Term Disability Income Protection\*

Short-Term Disability



protects your paycheck if you cannot work due to off the job illness or injury. You will have the ability to select the amount of coverage that coordinates best with your current sick pay. These benefits start after a short elimination period and pay for the first few months of a disability based on your selected coverage.

\*See a Star Robbins representative to enroll in these benefits.

#### Long-Term Disability Income Protection



Allstate.

Long-Term Disability protects your income when short-term coverage ends and covers you to Social Security Normal Retirement Age, should you remain disabled. Why do you need it? Ask yourself this: If you get sick or hurt, how would you manage life without a paycheck? How long could you go without a paycheck? Would you be able to pay your mortgage or rent? Could you afford the new expenses that come with disability?

#### What's Covered?

Up to 60% of your basic annual earnings to a maximum of \$5,000 per month.

NOTE: Guaranteed enrollment in the New York Life LTD plan is only available as a new hire. Enrollment at any other time will require an Evidence of Insurability form and will be subject to approval by New York Life Underwriting. Approval is not guaranteed outside of your initial eligibility and pre-existing conditions may apply for a specified period of time after enrollment.

If you want to apply for Long Term Disability during Open Enrollment, Evidence forms (available on the PeopleSoft portal) must be completed during open enrollment if you did not elect during your initial eligibility. Premiums will be taken from your paycheck effective in January. If your coverage is denied after payroll deductions begin, you will be refunded any premium deducted from your paycheck.

# - Voluntary Auto & Homeowners

Lexington-Fayette Urban County Government employees qualify for auto and home discounts through Liberty Mutual's



Group Savings Plus® program. What does this mean for you? It means a group discount of up to 10% off Liberty Mutual's already competitive auto and home insurance rates.

**Contact:** Joey Doom at **1-800-852-4419** or visit Liberty Mutual's website at **libertymutual.com/gsplfucg** for contact information.

# Metro Employees Credit Union

Membership is available to employees of the LFUCG. To become a member of MECU simply stop by one of their offices, give them a call at **(859) 258-3990** or visit online at **metroemployeescu.org**.

Metro Employees Credit Union is proud to offer its members a variety of savings and loan products including the following:

- Share draft checking
- Borrowing opportunities
- Savings and investment opportunities
- Payroll deduction is available



## YMCA



The YMCA has waived the joining fee and discounted the membership rates for LFUCG employees. Employee rates may vary by location and contract year. Check the benefits website or call your local YMCA for current rates that apply. Membership rates are subject to Kentucky sales tax.

Contact the YMCA directly to set up your membership. How do you join? Stop by one of the YMCA locations and tour the YMCA facility. YOU WILL NEED TO BRING YOUR LFUCG ID OR A PAYCHECK STUB FOR EMPLOYMENT VERIFICATION.

Beaumont Centre Family YMCA 3250 Beaumont Centre Circle Lexington, KY 40513 859-219-9622

> North Lexington Family YMCA 381 W. Loudon Ave. Lexington, KY 40508 859-258-9622

High Street YMCA 239 E. High Street Lexington, KY 40507 859-254-9622

Whitaker Family YMCA 2681 Old Rosebud Rd. Lexington, KY 40509 859-543-9622

LFUCG employees and part-time employees who are eligible to receive benefits may participate.

# Retirement Planning

#### ICMA-RC is now Mission Square Retirement.

**Contact:** Call Customer Service at:

- 1-800-669-7400
- Fax: 202-682-6439
- 1-866-339-8796

Forms are also available on-line at lexingtonky.gov/benefits

- 457 deferred compensation plan Enrollment form required only if you are opening a NEW ACCOUNT
- Traditional / IRA Roth option available but must meet criteria for opening the account (after-tax deduction)
- Minimum contribution of \$15.00 per paycheck

#### **Plan Features:**

- 1. Loans and hardship withdrawals are available
- **2.** Offers advice services to help manage your deferred compensation account
- **3.** One on One Appointments are available

# KY DEFERRED COMP: 26 pay period calculation



**Contact:** Call Customer Service at **1-800-542-2667 or 859-229-9774**; fax **502-573-4494**; or visit Kentucky Deferred Comp's website at **www.kentuckyplans.com** for contact information.

Forms are also available on-line at **lexingtonky.gov/benefits** 

- A form is REQUIRED for all changes to your account as well as opening a NEW ACCOUNT - they request that you mail it to them at the address on the form, or fax it to them at the number above.
- A 401(k) Plan and 457(b) accounts Minimum contribution of \$14 per paycheck.
- Traditional / Roth IRA available if in 401(k) or 457(b) plans through LFUCG (after-tax deduction).

# Employee Assistance Program (EAP)

#### Because stress happens...

- Work Stress
- Marriage or relationship stress
- Financial stress
- Alcohol and drug problems
- Family issues
- Conflict with co-workers
- Caring for aging parents

Don't allow problems of daily living to limit your productivity and happiness. Take a different path. **Access Wellness Group EAP** can help. Your Employee Assistance Program can help you deal with personal and professional problems that are interfering with your peace of mind and your ability to enjoy life and work. Everyone has problems from time to time. People are often surprised at the benefit of simply talking with a trained and experienced counselor.

Your EAP is completely confidential and provided at <u>no cost</u> to you. You are eligible for up to **5 EAP sessions per issue annually** and services are also available to your immediate family.

## IMPORTANT: Be sure to identify yourself as an LFUCG employee (or family member).

#### Also available:

- Up to 2 hours of free legal consultation
- Financial counseling
- Elder Care consultation

#### Call to schedule appointments:

859-309-0309

Web: www.accesswellnessgroup.com

# Community-Supported Agriculture (CSA)

A CSA Farm Share is a subscription to a farm's weekly harvest. You enter into an agreement with a farm to receive a weekly delivery of fresh, local, seasonal produce—mostly vegetables—for the duration of the summer growing season, which in KY is usually 20-22 weeks. Payment is required upfront for the entire season which provides the farms with guaranteed working capital for the growing season. As a CSA member you are buying into the farm and you become a shareholder. This means that you share the inherent risks of farming with the farmer including dealing with weather, pest pressure, and other unexpected circumstances but it also means that you benefit from being the farm's number one priority when it comes to enjoying the bounty of their weekly harvest.

Enrollment is in January and shares run from May through October. For more information, go online at: www.lexingtonky.gov/economic-development/workplacewellness

#### What are the benefits?

- Access to healthy, fresh produce every week
- Convenience pick up at work or on the way home
- Get acquainted with who is growing your food & how it's grown
- Ensure food dollars are kept in our community
- Opportunity to try new foods
- Test new recipes

**RESEARCH:** University of Kentucky Agricultural Economics Department has conducted research that demonstrates that people who participate in community supported agriculture (CSA):

- Go to the doctor less
- Spend less on prescription medications
- Eat more fruits and vegetables and
- Feel healthier

Furthermore, employees who participated in CSA who started the program in poor health or had high diet related medical expenditures experienced a reduction of diet related medical and pharmaceutical claims between \$1,080 and \$1,530 in the 12 months following the start of CSA.

# BimGroup

#### 1151 Red Mile Rd | Lexington, KY 40504 | 859-255-9455 | bimgroup.us

The benefits overview is intended for summary purposes only. It is not to be relied upon for the determination of any policy benefits, limitations or exclusions. The master insurance policies issued by the respective carriers will be relied upon exclusively to determine all benefits.

# **Enroll in benefits online through PeopleSoft**

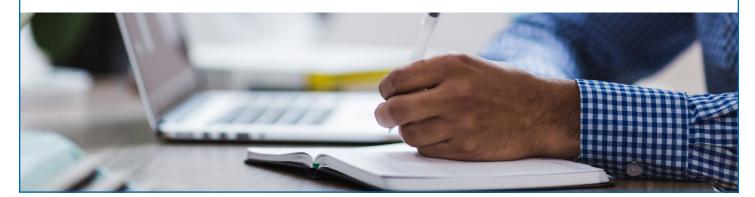
### Visit: <a href="https://peoplesoftportal.LexingtonKy.gov">https://peoplesoftportal.LexingtonKy.gov</a>

Select: Self-service Home Screen / Benefits Detail / Benefits Enrollment

#### For a successful enrollment, be sure to have the following information before you start your enrollment:

- PeopleSoft Password (call the Help Desk [859-258-3730] for assistance, if needed)
- Social Security numbers and birthdates for you and your family members who will be covered on your plans
- Proof of eligibility for any dependent(s) added to the benefit plans (Marriage Certificate, Birth Certificate, court documents). Documents can be submitted via email to **benefitssection@lexingtonky.gov**.

Be sure to verify that all information (address, Social Security Number and beneficiaries) are correct.



# Visit the BENEFITS WEBSITE

## Visit: <a href="https://www.gov/benefits">lexingtonky.gov/benefits</a>

#### You'll find summaries and contact information regarding:

- medical benefits
- pharmacy benefits
- dental benefits
- vision benefits
- health savings account
- flexible spending account
- Dr. Samuel Brown Health Center
- City Employee Pharmacy





### PEOPLESOFT OPEN ENROLLMENT BENEFITS WORKSHEET

\*\*Other voluntary products can be enrolled in by contacting a Star Robbins Representative\*\*

PLAN TYPE	COVERAGE TYPE	LEVEL OF COVERAGE	
Medical: Offered through Anthem. All plans include a vision plan at no additional cost. For coverage comparison see page 5 in the Enrollment Booklet	Check one: <ul> <li>PPO 1</li> <li>PPO 2</li> <li>PPO No Medical (FSA Med Plan)</li> <li>HSA 1</li> <li>HSA 2</li> <li>HSA No Medical (HSA plan)</li> <li>No Coverage</li> </ul>	Check One: Employee Only Employee + Dependents Employee + Spouse Family	
Dental: Offered by Delta Dental. For coverage comparison see page 10 in the Enrollment Booklet	Check one: Option 1 (Premier) Option 2 (PPO) No coverage	Check one:      Employee Only      Employee + Dependents      Employee + Spouse      Family	
Vision: Stand-alone plan offered by Eyemed. For coverage information see page 11 in the Enrollment Booklet	Check one: Coverage No Coverage	Check one: Employee Only Employee + Dependents Employee + Spouse Family	
Allstate Plans: All plans offered by Allstate and managed by Star Robbins & Company. Flex credits can be used on these plans New enrollment or change in coverage levels may require a vendor EOI. For information brief description of products see page 13 in the Enrollment Booklet Life Insurance:	Check all that apply: Hospital Indemnity High Plan Low Plan Critical Illness High Plan Low Plan Concer (Plan Gold Plan Platinum Plan Cancer (requires EOI) Silver Plan Platinum Plan Cancer (requires EOI) Platinum Plan Check all that apply:	Check all that apply: Employee Only Employee + Dependents Employee + Spouse Family Employee Only Employee + Dependents Employee + Spouse Family Employee + Dependents Employee + Spouse Family Employee + Dependents Employee + Spouse Family Employee + Dependents Employee + Spouse Family Check all that apply:	
Life insurance offered by Prudential	<ul> <li>Optional Life</li> <li>Optional AD&amp;D</li> <li>Dependent Life</li> </ul>	o Waive o 1x o 1.5x o 2x o 2.5x o 3x o Waive o 1x o 1.5x o 2x o 2.5x o 3x o Waive o Plan I o Plan II o Plan III	
FSA: Both plans are offered by ChardSnyder. Both plans annual contributions are locked in for the year unless there is a qualifying life event	Check all that apply: <ul> <li>Medical <ul> <li>(must be attached to a medical PPO plan)</li> <li>Dependent Care</li> </ul> </li> </ul>	Enter Amount: Annual Contribution \$ Per Pay Period Amount \$ Annual Contribution \$ Per Pay Period Amount \$	
HSA: Plan provided by Health Equity. Contributions can be changed at any time throughout the year.	Check One: Waive Elect	Enter Amount: Annual Contribution \$ Per Pay Period Amount \$	

\*\*This worksheet is to assist in forecasting elections during the enrollment period. Your enrollment process is not complete until you have gone through the PeopleSoft process in its entirety and your elections have been submitted. Please contact Benefits if you have questions.

### **Contact Information At-A-Glance**

LFUCG Benefits Team				
LFUCG	Benefits questions / Qualifying Events	Alana Morton	Phone: 859-258-3056 email: amorton@lexingtonky.gov	
LFUCG	Benefits questions / Qualifying Events	Amanda Sweeney	Phone: 859-425-2125 email: asweeney@lexingtonky.gov	
LFUCG   FMLA	Crystal Brown	Phone: 859-425-2123 email: cbrown3@lexingtonky.gov		
		FMLA request/inquiries	email: FMLArequest@lexingtonky.gov Phone: 859-258-3036	
LFUCG	Occ. Med. Scheduler	Faye Baron	email: fbaron@lexingtonky.gov	
LFUCG	Manager	Kashene Wayne	Phone: 859-258-3066 email: kwayne@lexingtonky.gov	
$\sim$	Medical Benefits	Anthem 🗟 🕅	Customer Service: 1-888-650-4047 www.anthem.com	
OJ	Pharmacy Benefits		Customer Service: 1-833-288-4294 www.anthem.com	
∋ິິ່∭€	Dental Benefits		Customer Service: 1-800-955-2030 www.deltadentalky.com	
$\diamond$	Voluntary Vision Benefits	eye Med	Customer Service: 1-866-299-1358 www.eyemedvisioncare.com	
<del>C</del> 3	Health Savings Account / HSA Help Center	Health <b>Equity</b> ®	Customer Service: 1-866-346-5800 www. myhealthequity.com www.healthequity.com/LFUCG	
¢	Flexible Spending Account		Customer Service: 1-800-982-7715 www.chard-snyder.com	
	Group Life and AD&D Benefits	Drudential	Customer Service: 859-685-6588 email: deron.smith@assuredptrnl.com	
	Voluntary Short-Term Disability Benefits	Trustmark	Star Robbins & Co. Claims Support: 1-800-486-7721 www.starrobbins.com	
	Voluntary Long-Term Disability Benefits	GROUP BENEFIT Solutions	To report a claim: 1-800-362-4462 Star Robbins & Co. Plan Information: 1-800-486-7721 www.starrobbins.com	
	Voluntary Cancer, Critical Illness, Accident Assistance & Hospital Indemnity Info.	<b>( Allstate</b> .	Star Robbins & Co. Claims Support: 1-800-486-7721 www.starrobbins.com	
	Voluntary Individual Term Life	TRANSAMERICA	Star Robbins & Co. Claims Support: 1-800-486-7721 www.starrobbins.com	
	Voluntary Whole Life	TRANSAMERICA LIFE INSURANCE COMPANY	Star Robbins & Co. Claims Support: 1-800-486-7721 www.starrobbins.com	
	Voluntary Universal Life	Trustmark	Star Robbins & Co. Claims Support: 1-800-486-7721 www.starrobbins.com	
	Mission Square Retirement (formerly ICMA-RC) Deferred Compensation		Customer Service: 1-800-669-7400 or 1-866-339-8796 Fax: 202-682-6439 www.icmarc.org	
	KY Deferred Comp - 457/401(k)	Kentucky Deferred Comp	Call: 1-800-542-2667 or 859-229-9774 Fax: 502-573-4494 www.kentuckyplans.com	
	Kentucky Public Pension Authority (KPPA)	KEPPA Kertucky Public Persions Authority	Customer Service: 1-800-928-4646 www.kyret.ky.gov	