

Hours of Operation

Monday -Friday: 6-7:30p (Elementary)
 Monday , Wednesday, Friday: 7:30-9p
 (Middle/ High)

Tuesday & Thursday 5-9p (Adult Fitness)

Saturday: 10a—2p (Adults)

March 2020

William Wells Brown Community Center
 548 E. Sixth Street | Lexington, Kentucky
 859-389-6678 | www.lexingtonky.gov/parks
 Jill Chenault Wilson, Center Director
jwilson@lexingtonky.gov



MON	TUE	WED	THU	FRI	SAT
2 Weight Room 5-9p Girls Group 6p Boys Group E 6p Grown Folk Aerobics 6:30p Open Court MS/HS 7:30p 	3 <u>Weigh in Weight Loss Challenge 6-7:30p</u> <u>Line Dance 6:1`5P</u> <u>Kettle Bells 7:15p</u> <u>Alpha Kappa Alpha Sorority Inc. Pink Goes Red Fitness</u>	4 Weight Room 5-9p Sports Games 6p Arts and Crafts 6p Teen Crafts 7:30p Open Court MS/HS7:30p 	5 Adult Wellness Weight Room 5-9p Grown Folk Aerobics 6p Zumba 7p 	6 Weight Room 5-9p Movie Night 6p Open Ct MS/HS 7:30p 	7 Weight Room 10-1:30p Open Gym/Adults 10-1:30pm Phenomenal Woman Workshop 11a-1p
9 Weight Room 5-9p Girls Group 6p Boys Group E 6p Open Ct MS /HS7:30-9p Grown Folk Aerobics 6:30p	10- Adult Wellness Weight Room 5-9p Kettle Bells / Stixs6:15p YOGA 6p Latino Moves 7:15 p 	11 No School at Promise Academy W W Brown Community Center	12 Adult Wellness Weight Room 5-9p Grown Folk Aerobics 6p <u>NO Zumba 7p</u>	13 Weight Room 5-9p Sports Games 6p Arts and Crafts 6p Open Ct MS/HS 7:30p 	14 ART CLUB 11a Weight Room 10-1:30p Open Gym/Adults 10a –1:30p
16 Weight Room 5-9p Girls Group 6p Boys Group E 6p Open Ct MS/HS 7:30-9p Grown Folk Aerobics 6:30p	17 Adult Wellness Weight Room 5-9p Kettle Bells/Stixs 6:15 p Line Dance 7:15 p 	18 <u>21st Century Game Mania E 3p</u> Weight Room 5-9p Sports Games 6-7:30p Arts and Crafts 6p Open Ct MS /HS 7:30p	19 Adult Wellness Weight Room 5-9p Grown Folk Aerobics 6p <u>NO Zumba 7p</u>	20 Weight Room 5-9p Sports Games 6p Arts and Crafts 6p Open Ct MS/HS 7:30-9p	21 Weight Room 10a-1:30p Open Gym/Adults 10- 1:30p
23 Weight Room 5-9p Girls Group 6p Boys Group 6p Open Ct MS /HS7:30-9p Grown Folk Aerobics 6:30p	24 Adult Wellness Weight Room 5-9p Kettle Bells/Stix 6p YOGA6p Latino Moves 7p 	25 Weight Room 5-9p Sports Games 6p Arts and Crafts 6p Open Court MS/HS 7:30p Teen Crafts 7:30p 	26 Adult Wellness Weight Room 5-9p Grown Folk Aerobics 6p Zumba 7p	27 Weight Room 5-9p PTA Spring Fling 6-7:30p Open Court MS/HS 7:30p 	28 ART CLUB 11a Weight Room 10-1:30p Open Gym/ Adults 10-1:30p
30 SPRING BREAK Weight Room 5-9p Girls Group Jewels 6p Boys Group E 6p Brother to Brother Teens 7:30p Grown Folk Aerobics 6:30p	31 SPRING BREAK Adult Wellness Weight Room 5-9p Kettle Bells/Stixs 6:15p Line Dance 7:15p		EAT More Fruits and Veggies 	Ms. Jill's <u>WATER CHALLENGE 1 GALLON A DAY</u> 	LOSE weight



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