

Special Events/Trips

Must RSVP to Brent Claiborne for dances and outings at 859-288-2908 or bclaiborne@lexingtonky.gov.

FALL DANCE/COSTUME PARTY

Enjoy an evening of dancing, snacks, costumes and door prizes. Must RSVP.

Date: Friday, Oct. 21

Time: 6 - 9 p.m.

Location: Tates Creek Recreation Center
1400 Gainesway Dr.

Ages: 13 & Over

Cost: \$8 per person, payable at door

DAY TRIP EXCURSIONS

Date: Tuesday, Nov. 22

Time/Location: TBD

Ages: 18 & Over

Cost: TBD per outing

RSVP a minimum of one week prior to excursion date. Limited transportation.

HOLIDAY DINNER DANCE

Date: Saturday, Dec. 3

Time: 5 - 9 p.m.

Location: Tates Creek Recreation Center
1400 Gainesway Dr.

Ages: 13 & over

Cost: \$10 per person, payable at door

OVERNIGHT TRIP TO BARREN RIVER STATE PARK

Date: August 17-19

Cost: \$80 (cash only).

Ages: 18 & over

KEENELAND TRIP FALL MEET

Date: Thursday, Oct. 20

Time: 10 a.m. - 4 p.m.

Location: Meet at Dunbar Community Center

Ages: 18 & Over

Cost: Free entry. Bring money for food, drinks, and misc.

To Get Registered

Registration is required for all programs and will be taken ONLY through online registration or by mail on a first-come, first-served basis. Program registrations will not be taken by phone. Registration begins on Monday, August 1.

If you plan to register online, you must have a User ID, password and e-mail address prior to opening of registration. Space is limited in many programs so it is important that you register as soon as possible. You will receive confirmation of your acceptance in a class or program by mail. Programs are open to Fayette County residents and residents of surrounding counties.

IMPORTANT INFORMATION

Due to the nature of our Therapeutic Recreation activities and the large number of individuals that participate, we are not able to provide one-on-one supervision. The TR staff will be present to facilitate activities and assist individuals as needed in programs such as bowling, dances and other large group activities. If one-on-one supervision is needed, a parent/guardian or other caregiver should be present during the activity. We apologize for any inconvenience.

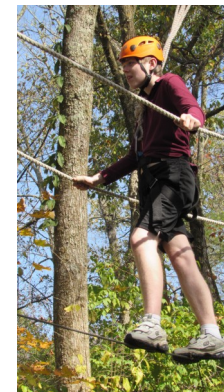
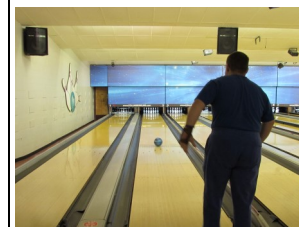
We will make every attempt to make up missed classes due to inclement weather, however due to scheduling this may not be feasible. Refunds or credits are not given for missed classes or programs.

Questions?

Contact Brent Claiborne at 859-288-2908 or bclaiborne@lexingtonky.gov.

Be sure to visit the Parks website at www.lexingtonky.gov/parks for the most up-to-date information.

2016 Fall Therapeutic Recreation Programs



Brent Claiborne
859-288-2908
bclaiborne@lexingtonky.gov
www.lexingtonky.gov/parks



LEXINGTON
Parks & Recreation

TR Overview

Therapeutic Recreation (TR) programs provide opportunities for individuals with disabilities and others in the community to enjoy activities through recreation, leisure and play to provide outlets for our multi-talented population. Our programs are designed to enhance the overall health of persons with disabilities.

Transportation

Transportation to and from the TR programs/events is the responsibility of the participant. Contact Wheels at 859-233-3433 to arrange a ride.

A Special Word of Thanks to our Sponsors/Partners in 2016!

Beaumont YMCA
Autism Society of the Bluegrass
The ARC of Central Kentucky
Collins Bowling Lanes
UK AGHES - Dr. Forsythe
Keeneland
KY State Parks
Texas Roadhouse @ Beaumont
Parents and Volunteers

Important Message

*Parent/Guardians are responsible for participants before and after scheduled program times. Please do not drop off or leave participants unattended before the scheduled program time. Program staff will be available during the scheduled program time only.

*Please do not arrive more than 10 minutes early for programs as staff are busy preparing the programs for the individuals.

Thank you!

Activities

ADULT FITNESS

Stay healthy and active through a variety of fitness activities and sports. Limited transportation home will be provided.

Dates: Tuesdays/Thursdays, Aug. 23 - Dec. 8

Time: 12:30 - 2:30 p.m.

No class: Nov. 22

Location: Dunbar Community Center

545 N. Upper Street

Ages: 18 & Over

Cost \$50

BASIC HORSEMANSHIP

Staff and volunteers work one-on-one with participants to ensure a safe and fun horse back riding experience. A ramp is available. Note: Participants may not weigh more than 220 pounds. A physician's exam may be required in some cases. Participants are **REQUIRED** to provide their own helmets.

No online registration for this class

No make-up classes will be available due to schedules

Dates: Aug. 24 - Oct. 14

Time: Wednesdays, 3:30 - 4:30 p.m., 4:45 - 5:45 p.m.

Fridays, 2:00 - 3:00 p.m., 3:15 - 4:15 p.m.

Location: Masterson Station Park Tack Barn

3420 Shamrock Lane

Cost: \$125

LATE POLICY

If you are going to be up to five minutes late for Basic Horsemanship you must give us a call at 859-253-0328, to let us know. If you are going to be more than five minutes late your session for the day will be cancelled with no refund. The program will start at the scheduled time.

BOWLING

Strikes, turkeys, and spares are just part of the fun with the TR bowling program. Ramps are available.

Dates: Saturdays, Sept. 10 - Nov. 12

No bowling Oct. 15 and 29

Time: 1 - 3 p.m.

Location: Eastland Bowling Lanes

750 East New Circle Rd.

Ages: 6 & Over

Cost: \$5 per week for 2 games; payable at the door

Activities

ADAPTED AQUATICS

Basic water skills/safety are introduced. One-on-one instruction is provided for most participants. The YMCA requires that participants wear swim diapers/plastic pants (snug fitting), if the participant does not possess bowel or bladder control.

No online registration for this class

Dates: Mondays, Sept. 12 - Oct. 31

Times: 2:50 - 3:20 p.m. (01), 3:25 - 3:55 p.m. (02),

4 - 4:30 p.m. (03)

Location: Beaumont YMCA

3251 Beaumont Centre Circle

Ages: 4 & Over

Cost: \$40

EVERYBODY DANCE

Show off your dance moves and learn some new techniques at Everybody Dance.

Dates: Tuesdays, Sept. 13 - Dec. 6

No class Nov. 22

Time: 6:15 - 7:15 p.m.

Location: Artworks

522 Patterson St.

Ages: 13 & over

Recital: Dec 10

Recital Time: TBD

Cost: \$50

DRAMA GROUP

Martha & Miles Meehan and Bundy and Associates instructs this creatively dramatic and musical experience. Come explore and showcase your creative talents.

Dates: Wednesdays, Oct. 19 - Dec. 7

No class Nov. 23

Time: 6 - 7:30 p.m.

Location: Stage Right Acting

3323 Partner Place

Ages: 13 & over

Cost: \$35

HAND DRUMMING

We've got the beat! This interactive class will teach hand drum patterns, rhythms and creative explorations.

Dates: Fridays, Oct. 21 - Nov. 18

Times: 1:30 - 2:30 p.m.

Location: Artworks

522 Patterson Street

Ages: 18 & over

Cost: \$35